

Keeping the Core While Softening the Edges: *the Journey From Perfectionism to Success*

Suzanne Burdick, workshop facilitator

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Join skilled facilitator Suzanne Burdick as she leads a transformative conversation about the perfectionism and fear of failure many TAG individuals experience. Is success the absence of failure? Or might there be a deeper definition of success that is more complex, rewarding, and attainable?

Drawing on her experiences as a professional educator and a "recovering perfectionist" herself, Suzanne will share her personal story of redefining success. Then through small group facilitation, she will provide you with an opportunity to explore your own story.

This interactive workshop will be beneficial for anyone who works with TAG students. However, it is designed especially for those who have walked the narrow tightrope of perfectionism and are on the journey of discovering the spacious dance floor of life which beckons them.

Our purpose together will be the following: telling our stories of learning and becoming, being heard, sharing our hard-won wisdom, offering our helpful strategies, and finding commonality and community. For when we know ourselves and our stories, we can be better guides to our children and students.

Suzanne Burdick is a TAG Facilitator at Barnes Elementary in Beaverton, OR where she teaches Spanish literacy and serves as a building resource on Positive Behavior Support and Interventions. She also runs a private tutoring business called Skills for Success: *Innovative Spanish Tutoring*. She can be reached at suzannemichelleburdick@gmail.com.